



CHAMONIX – ZERMATT : THE LEGENDARY HAUTE ROUTE ADAPTED FOR MOUNTAIN BIKES

The Haute Route from Chamonix to Zermatt is certainly one of the most famous routes in the Alps. Initially made by alpinists, this itinerary is adapted for Mountain Bikes. Starting under the shadow of the Mont Blanc, in Chamonix France and finishing gazing up at the Matterhorn, Zermatt Switzerland.

This is a dream tour for those who like to ride on technical alpine trails and discover breathtaking scenery.

This tour is in the heart of the Alps, surrounded by 4000 of the Swiss Alps. During the tour we will ride through several high alpine passes at an altitude of over 2500m, including Pas de Lona, Basset de Lona and Illsee pass.

We will ride the well maintained Swiss single tracks and take the time to appreciate the breathtaking alpine summits and glaciers including Weisshorn, Breithorn, Pigna D'Arolla to name just a few...

We will pass through charming old Swiss villages with their narrow streets of wooden chalets draped in colourful abundance with Swiss flags and geraniums and meet the local shepherds in the alpine pastures taking care of their "Queens", the famous black fighting cows.

DAY 1 GENEVA AIRPORT- CHAMONIX

Arrival in Geneva airport, meet and greet. Transfer to Chamonix village.

DAY 2 CHAMONIX, FRANCE - VERBIER, SWITZERLAND

Ride to Le Tour, at the top of the Chamonix Valley, we will take the gondola to Col de Balme and ride the first technical descent to the village of Trient, Switzerland. Then climb the Col de la Forclaz and descend into the Martigny Valley and with its vineyards. We continue on to Val de Bagne and Verbier by following the contours of the valley via both road and trails, finishing by taking a lift to arrive in the ski resort of Verbier.

Ride distance: 40km

Uneven positive: 1300m **Uneven negative:** 1500m

Physical difficulty: ++ **Technical skills:** +++

DAY 3 VERBIER - CROIX DE COEUR - EVOLENE

Starting from Verbier and heading towards Evolene following the itinerary of the 'Grand Raid Cristalp race'. We firstly pass the Croix de Coeur pass and descend on a splendid single-track. The rest of the day provides several climbs and descents, one by lift with the reward of a long descent on a spruce needle covered spongy single track...! A long final climb (about 1 hour) takes us to the top of Sex Pey, followed by the final descent of the day to the quaint Swiss village of Evolene nestled in a narrow valley.

Ride distance: 65km

Uneven positive: 1900m **Uneven negative:** 2400m

Physical difficulty: +++ **Technical skills:** ++

DAY 4 EVOLENE - LAKE MOIRY - GRIMENTZ

Involves the big climb of the two highest passes of this tour, Pas de Lona at 2787m and Basset de Lona at 2792m. We first climb the Pas de Lona on a jeep track and with a 'hike-a-bike' section to the top.

The ride between Pas de Lona and Basset de Lona is 'swoopy' and the climb of Basset de Lona is rideable to the top.

The reward is a long and varied descent passing near the beautiful lake of Moiry and finishing with a nice single track to the village of Grimentz.

Ride distance: 45km

Uneven positive: 1700m **Uneven negative:** 1900m

Physical difficulty: +++ **Technical skills:** +++

Altitude
by nature du monde

Tel: +33 (0) 9 53 18 56 33

Skype: [bike-altitude](#)

Email: info@bikealtitude.com

Altitude by Natures du Monde

33 route de la Plage 74290 Menthon St Bernard France

Registered Travel Agent Licence No. 074 050005 APS Guaranteed APE Code 633Z RCPA/ MMA
no. 114187562

Siret 48453984600010 VAT intercommoned: FR5448453984600010

www.bikealtitude.com

DAY 5 GRIMENTZ - UNTERBACH

An early start for another long day on the bike. We will ride via the Illsee pass at 2544m, from where we can see both the Matterhorn and Mont Blanc with a great sensation of what we have achieved and what there is still to ride...

After a short descent, a 30 minute pushing section follows with an epic and well deserved varied downhill descent.

This descent is a mix of all the best trails you've ever dreamed about... Fast bits, swooping and technical sections and tight corners, this is the addictive stuff! Breathe easy the climbs are finished and a road/jeep track brings us to a point above Unterbach, finishing with an easy downhill for the night!!!

Ride distance: 55km

Uneven positive: 1400m **Uneven negative:** 2000m

Physical difficulty: ++++ **Technical difficulty:** +++

DAY 6 UNTERBACH - ST NIKLAUS

Change of ambiance today. We will ride on the ridge of the Swiss Rhone Valley and enter into the German speaking area of Switzerland : Achtung ! After a warm up on a jeep track we will hit a single track and finish the climb with a 'hike-a-bike' section to the highest point for the day; the 'Moose pass' at 2048m. The view of the neighbouring peaks is stunning as we stand at the junction of the Zermatt and Saas-Fee Valleys. The descent to Saint Niklaus and the Zermatt Valley is excellent. We use single tracks and large trails and pass through alpine villages barely hanging on the mountain side.

Ride distance: 40km

Uneven positive: 1100m **Uneven**

negative: 1100m

Physical difficulty: +++

Technical skills: +++

DAY 7 ST NIKLAUS - ZERMATT

The final day riding will be engraved in your memory forever. From Saint Niklaus we will head to Zermatt using trails and road. We will then ride the terrific trails of the Zermatt Valley... The group has a choice of lift to make the ascent. The Gornergrat train to 3016m or the Sunnegga funicular. From both of these lifts the view of the Matterhorn, the Breithorn and the Monte Rosa is just inspiring. The descent down to Zermatt is fantastic and will definitely make your disc brake burn!

Ride distance: 40km

Uneven positive: 700m **Uneven negative:** 1800m

Physical difficulty: 3/5 **Technical difficulty:** 3/5

Total ride distance: 285km !!!

DAY 8 ZERMATT – GENEVA AIRPORT

Return transfer to Geneva airport (Please count at least 5 hours of transfer time)



Tel: **+33 (0) 9 53 18 56 33**

Skype: **bike-altitude**

Email: info@bikealtitude.com

Altitude by Natures du Monde

33 route de la Plage 74290 Menthon St Bernard France

Registered Travel Agent Licence No. 074 050005 APS Guaranteed APE Code 633Z RCPA/ MMA

no. 114187562

Siret 48453984600010 VAT intercommoned: FR5448453984600010

www.bikealtitude.com

DETAILS OF THE TRANSALPS CHAMONIX – ZERMATT HAUTE ROUTE

Description	The 'Haute Route' by Mountain Bike! 7 nights accommodation, Saturday to Saturday, 6 days guided riding
Level	Strong Intermediate to Advanced, 'All-round rider'. High fitness level and capable of pushing/carrying bike. Good bike handling skills. Ability to ride technical single tracks
Terrain	All kinds of trails. Cruising two path trails, easy single tracks, technical and challenging single tracks, some 'rocky and rooty' trails.
Location	Starting in Chamonix, France and finishing in Zermatt, Switzerland
Nearest Airports	From Chamonix: Geneva (88km) – Lyon (220 km) – Chambéry (144km) From Zermatt : Geneva (238km) – Zurich (280km)
Accommodation	7 nights accommodation in hotels, bunk houses and mountain huts
Included	Special offers from our guides partners; Punch power organic food and drink Complex electro stimulation recovery. 7 nights accommodation, all meals including picnic lunches from dinner on Saturday of arrival to breakfast on Saturday of departure, guiding, lift passes in Chamonix Valley, luggage transfer to evening accommodation, return transfer to Geneva airport
Not Included	Flights/Travel etc. Expenses of repair and maintenance of bikes, cancellation/medical insurances and repatriation costs, bike hire, alcohol and generally all that is not included/understood in the heading 'Included'.
Physical Fitness Technical Skill Level	Physical Fitness: + + + + Technical Skills: + + + +

BOOKING YOUR TRIP

Dates :	July 10th – 17th July 24th – 31st August 14th - 21st August 28th - September 4th
Price per person :	Lift assisted option: From 995 Euros

[Need more information?](#)

NB: this tour is run with a minimum of 2 clients, lunches on Saturday of arrival and Saturday of departure are not included, but can be arranged at an additional cost.

[BOOK THIS TRIP!](#)

Warning: This itinerary is given for your information and may be changed at the discretion of the guide depending on the weather conditions, physical ability of clients and the trail 'options' we decide together.